

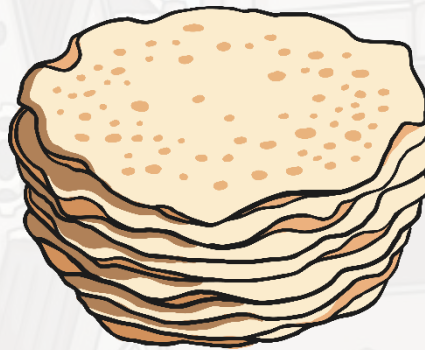
# Thinking about Lent





# When is Shrove Tuesday?

**Pancake Day** or **Shrove Tuesday** will be on Tuesday  
**16<sup>th</sup> February** this year.



It is called Shrove Tuesday because Christians would go to church on that day to be **Shriven**. Shriven is an old word and it means that people had to confess all the things that they knew they had done wrong. The priest would bless the people, then they would go home and make pancakes using all the rich and fatty foods ready for...



# Ash Wednesday

Ash Wednesday is the first day of Lent. Lent is a special time for Christians, as it is the time before Easter, when Christians are thinking about how they can improve their behaviour. They also think about the things Jesus did for them.



During Lent, Christians often 'give up' things. They do this to remind themselves of the time that Jesus spent in the desert. They give up luxuries and try to resist temptation, to practise self-discipline. They also make time to pray more and to attend church often.

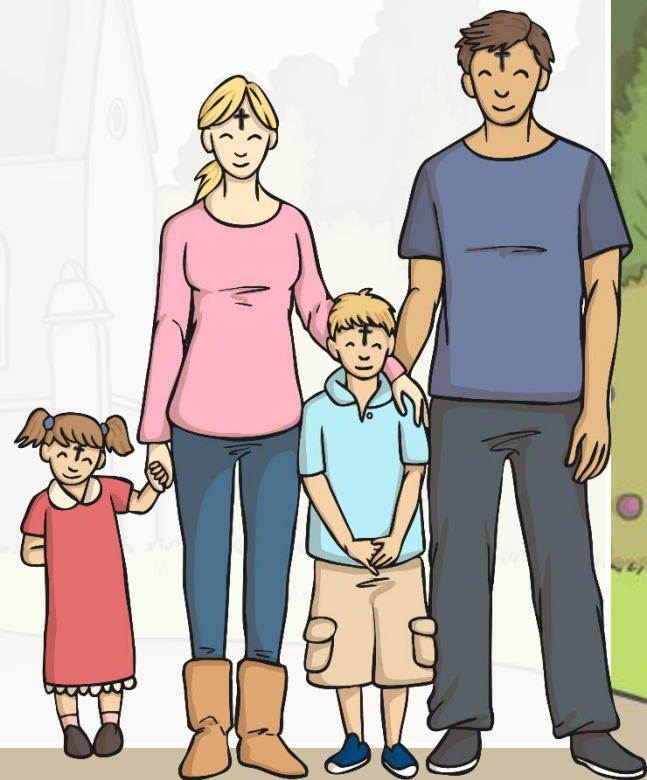


# Why Is It Called Ash Wednesday?

Ashes are what is left when we burn something.

On Ash Wednesday, Christians go to a special service to repent. This means they go to church to admit the things they have done wrong and to ask God for forgiveness. During the special service, a special cross is drawn on their head using ashes.

Christians believe that the ashes are a symbol of being sorry for things they have done wrong. They also believe that having a cross drawn on their head with ash, shows their commitment to God and Jesus Christ.





# Why Do You Think That Christians Think About the Things They Have Done Wrong?

Christians think about the things they have done wrong so that they can try to be better people in the future.



**What would you like to be better at in the future?  
Can you create a top ten list for me of your hopes, aims,  
dreams and ambitions?**

Send your list to me at: [ekennedy@crestwood-p.dudley.sch.uk](mailto:ekennedy@crestwood-p.dudley.sch.uk)

Thanks ... Mrs Kennedy





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